

# COUNSELOR CONNECTION

May 2025

Madden Elementary

## What We Learned

Our character traits for the month of May is Leadership and Confidence. Confidence is a crucial element of leadership. Confident leaders inspire trust and encourage teamwork. Confident leaders have self-awareness, a positive mindset, and take ownership of their actions.

The school year is coming to an end this month~let's finish strong with confident leaders.

May is Mental Health Awareness month. Mental health is as important as physical health; it involves how we think, feel, and behave. It's important to know that we can learn to manage stress, cope with difficult emotions, and seek help when needed.

your  
feelings are  
VALID

Mental Health Awareness Month

May is  
Mental Health  
Awareness Month  
You Are Not Alone  
It's essential to prioritize our mental health and stay connected to family, friends and peers. No one should feel alone in their mental health journey or without the resources and support they need.

## Middle School Information

Your middle school campus will be reaching out to families of incoming 6th graders in early summer to share information about Middle School orientation.

I wish 5th graders all the best!! Have a safe and fun-filled summer. I am so proud of you!!

## Husky Happenings

- 5th Grade Music Program--May 8
- Field Day--May 16
- Talent Show--May 21
- No School: May 26
- Awards Day: 1st, 4th, and 2nd Grade--May 27
- Awards Day: Kinder, 3rd, Pre-K--May 28
- 5th Grade Awards--May 29
- Last Day of School--May 29

INSPIRING  
LEADER



I am  
CONFIDENT

Anything  
Is  
Possible

Self  
care